

Recovery, Health and Safety

Privacy, Security and Anonymity

We all care about maintaining our sobriety as well as the recovery and wellbeing of our fellows. The federal and state guidelines and restrictions are having a direct impact on our ability to attend our regular Alcoholics Anonymous meetings.

As A.A. members, we strive to be acceptable, responsible members of society. As group leaders, chairpersons or the keeper of the keys, we must consider the health and safety of our members. Asymptomatic people may unknowingly pass the coronavirus along to others. All we have to do is turn on the TV, computer or look at our phone to see the many warnings and how to take precautions. For more information go to:

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus), [in.gov/coronavirus](https://www.in.gov/coronavirus), [Michigan.gov/coronavirus](https://www.Michigan.gov/coronavirus)

Please be mindful of other's health and safety when hosting, leading or attending a "physical" (in person & on site) A.A. meeting.

As a service to our members, MichianaSober.com has links to the Area 22 web site and aa.org out of New York which have links to on-line meetings. Although the on-line meeting format can be a real asset, they are susceptible to privacy vulnerabilities and cannot guarantee your anonymity.

"Zoom" meetings, as well as other formats, have privacy settings which the meeting host can enable. Encourage your meeting hosts to apply appropriate security and privacy settings. A person joining a meeting has the ability to change their name and utilize the "audio only" feature without enabling the video.

"The telephone is our lifeline -- our meeting between meetings. Call before you take the first drink. The more numbers you have, the more insurance you have."

From A.A. Tools of Recovery