MichianAA Newsletter

Michiana Central Service Office/Intergroup
818 E. Jefferson Blvd. South Bend, IN 46617
Phone: 574-234-7007
E-mail: aa_michiana@sbcglobal.net
Visit us online at: www.michianasober.com

We accept Debit/Credit cards!

Office Hours
Mon., Wed., Friday 1pm-5pm
Tuesday, Thursday 9am-1pm

CSO/Intergroup Office Committee

Chair:	Brenda W.
Treasurer:	Cindy F.
Secretary:	Brendan O.
Member:	Bill E.
Member:	Mike F.
Member:	Judy G.
Office Manager:	Lisa G.
Corrections Facilities:	Mike D.
Grapevine:	Tab G.
Newsletter:	Marc B.
Professional Committee:	Ann H.
Public Information:	Open
Special Events:	Andy L.
Treatment Facilities:	Dave Y.
Website:	Nanci Z.

INTERGROUP MEETING

The Intergroup Meeting will be held September 17, 2020 at the First United Methodist Church at 333 N. Main St., South Bend, IN at 6:30 P.M

If you are no longer an Intergroup Rep. please call the office at 234-7007.

Don't forget your birthdays!

STEP 8

Made a list of all persons we had harmed, and became willing to make amends to them all

We have a list of all persons we have harmed and to whom we are willing to make amends. We made it when we took inventory. We subjected ourselves to a drastic self- appraisal. Now we go out to our fellows and repair the damage done in the past. We attempt to sweep away the debris which has accumulated out of our effort to live on self-will and run the show ourselves. If we haven't the will to do this, we ask until it comes. Remember it was agreed at the beginning we would go to any lengths for victory over alcohol.

-A.A. Big Book, p. 76

We're Back!!!

Michiana Central Service Office
Re-Opening August 3rd

Your place for books, literature, coins, jewelry and more!

Limit two(2) visitors at a time.

Masks Required

PHONE: 574-234-7007

OFFICE HOURS
M-W-F 1 – 5pm
TUES & THURS 9am – 1pm

NOTE: Flyers accompanying this newsletter and announcements within are presented in the spirit of cooperation and are not necessarily affiliated with A.A. or the Michiana Central Service Office/Intergroup.

MICHIANA CSO

COME BACK STRONG SALE!

September 1-30, 2020

20% off all non-conference approved items

Enter a raffle to win a coffee mug!

(Email your entry if you can't make it into the office)

Email: aa_michiana@sbcglobal.net

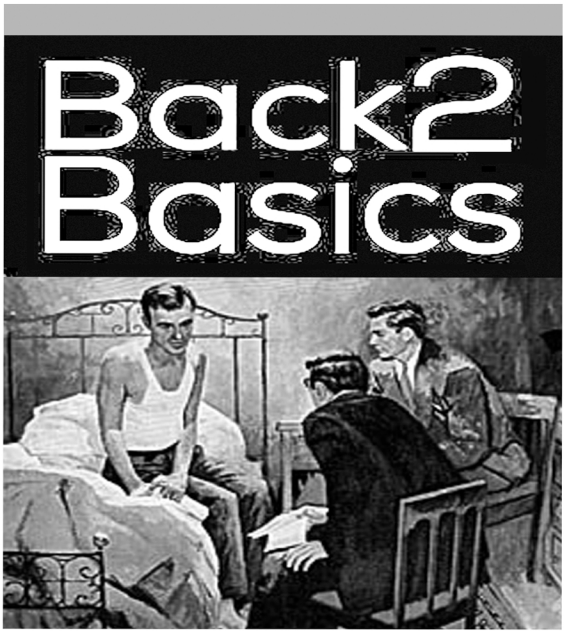
Telephone: (574)234-7007

Office hours: **M, W, F** 1-5 p.m. **T, Th** 9 a.m.-1 p.m.

Gratitude DINNER

November 14, 2020

More information to follow



The Alcoholics Anonymous Beginner's Meetings

"Here are the steps we took..." in Four One-Hour Sessions

DISTRICT 55/57 INFORMATION FORUM 2020

In the early days, the A.A. Beginners meetings were an integral part of the recovery process. In these four one-hour sessions, newcomers took all Twelve Steps. The majority of them never drank again.

WHEN: September 12th 2020
WHERE: 110 Franklin ST. Winimac, IN 46996 (American Legion)
TIME: 12p-4p Eastern Time

Contact info: Albert or Jackie H. (574)238-8499

A newcomer finds relief in AA's first step...

"We admitted we were powerless over alcohol - that our lives had become unmanageable."

"We" is a new concept for me. Before AA, I thought I was the only one who felt alone in the world. To know that others had once felt that way was a relief! "Admitted" meant owning up to the fact that I had a problem. "Powerless" means not having any control over my situation. That is exactly what I had in my life - *no control!* "Unmanageable" was the place I had landed in my life. Nothing could get done because I had no focus to put things where they were supposed to be. Now I am a part of a group who knew their lives were out of control and without focus. Shared experience, freedom from loneliness, and a sense of belonging are what AA has given to me. -*Anonymous*

MEETING CHANGES DUE TO COVID-19

CLOSED MEETINGS

CLOSED

- Friday noon Notre Dame, St., Liam Hall
- All Hope Ministries meetings
- All St. Joseph Public Library meetings
- All Turning Point (Niles) meetings
- Healthwin Monday Night
- St. Paul's Tuesday night
- All Niles Public Library Meetings
- All meetings at Zion Church
- All meetings at the Notre Dame Security Bldg.
- Living Stones Church Friday 12pm meeting

CHANGE

~~Saturday and Sunday Sunrise at the Homeless Shelter~~

The Sunrise Meetings that were formerly held at the Center for the Homeless, will reopen at the Fellowship House starting September 5th (Saturday) and September 6th (Sunday) at 6:30AM. They will continue to meet there each weekend.

CANCELLED EVENTS

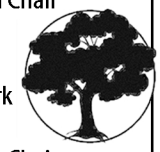
CANCELLED

- Michiana Conference

Meetings in the Park

Saturday
8:00am - Clay Township Park
By the Playground
BYOC - Bring Your Own Chair

8:00pm - Potowatomi Park
Pavilion 1 - north west corner
BYOC - Bring Your Own Chair



Sunday
7:00pm - Merrifield Park
By the Boat Ramp
BYOC - Bring Your Own Chair

Thursday
10:30am - Ivy Group Women's Meeting
Potowatomi Park
Pavilion 1

ZOOM Meetings

Saturday
6:30am - Sunrise Security in Sobriety
Meeting ID: 474 526 707
Password : tiger king

8:00am - 804 Group
Meeting ID: 527 731 531

10:00am - Women's ESH Meeting
Meeting Live and via Zoom
Meeting ID: 990 460 7796

7:30pm - Double Serenity
Meeting ID: 845-011-9350
Password: serenity

Sunday:
8:00am - Sunday Morning After
Meeting ID: 143-055-631
Password: 846873

9:00am - Second Chance Group
Meeting Live and via Zoom
Meeting ID: 480-980-4973

Monday:
5:30pm - Big Book Group
Meeting Live and via Zoom
Meeting ID: 990 460 7796

ZOOM

Tuesday:
5:30pm - T Group
Meeting ID: 135 059 119

7:30pm - Moose Group
Meeting ID: 736-3795-9683
Password: 335386

Wednesday:
12:10pm - Oaklawn Lunch Bunch
Meeting ID: 832 978 089
Password: 846873
6:00pm - Sisters of Sobriety
Meeting ID: 990 460 7796
7:00pm - 3 Minute Step Meeting
Meeting ID: 977 629 392
Password: tiger king

Thursday:
5:30pm - Rebellion Dogs Step Meeting
Meeting Live and via Zoom
Meeting ID: 990 460 7796

Friday:
12:00pm
Meeting ID: 864 5267 8710
Password: 632082

7:30pm - Willow Creek
Meeting ID: 275 230 964

SATURDAY NIGHT LIVE

8:00 p.m. Saturday Speaker Meeting
Saturday Night Live, Willow Creek UMC, 14010 E. Jefferson, Mishawaka

August 22, Tom B., Elkhart Serenity Hall
August 29, AlAnon
September 5, Kevin W., Elkhart Serenity Hall
September 12, Russell, Fellowship House
September 19, Courtney C., Double Serenity
September 26 Syd G., Jimtown/Elkhart

JULY

Kevin D.	Monday Night Step	8 years

AUGUST

Nanci Z.	Second Chance	39 years
Gary V.B.	Sunday Night Live	28 years
Bob S.	Sunday Sunrise	48 years
Jerry B.	Sobriety for Freedom	18 years
Mike S.	Turning Point	28 years
Lisa H.	Turning Point	1 year
Brendan O.	Double Serenity	6 years
Nils L.	Old Group	48 years

CSO CORNER

Thank you to Mary K. for filling in for me in July.
Please, call the office if you are interested in being put on the Call/Ride list, even if you think you are already on it. We are developing a new list. Call (574)234-7007. This is a great service opportunity. Thank you!

Michiana Central Service Office
Statement of Activity July 2020

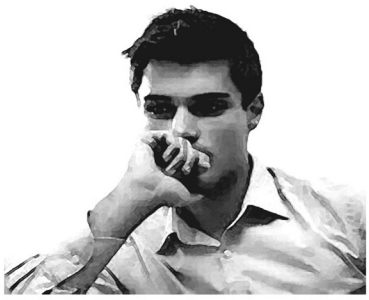
GROUP INCOME		EXPENSES	
As Bill Sees It	$19.43	Advertising	$97.00
Clay Park Meeting	$101.00	Answering Service	$111.80
Ivy Group	$60.00	Bank Service charge	$0.00
Manor House	$42.00	Accounting Fees	$150.00
New Freedom	$101.07	Property Insurance	$0.00
Niles Grapevine	$195.00	Literature	$231.97
Ramblers II	$120.00	Office Supplies	$14.99
Sunrise Serenity in Sobriety	$320.00	Payroll	$1,629.75
		Payroll Taxes	$124.68
		Printing and Copying	$8.04
		Rent	$550.00
		Postage	$56.80
	$958.50	OTAL EXPENSES	$2,975.03
OTHER INCOME			
Coffee Can Fund	$0.00	**Net Income for July**	($-1274.87)
Birthday Club	$0.00		
Literature Sales	$485.60		
Miscellaneous Revenue	$254.00		
Subscriptions/Newsletter	$0.00		
Interest Income	$2.06		
	$741.66		
TOTAL INCOME	$1,700.16		

Money was transferred from the Prudent Reserve to the checking account to cover expenses until the end of the year, due to a reduction in group contributions.

MEETING Tidbits

(some things heard at AA meetings)

"A bad attitude is like a flat tire; you cant go anywhere until you change it."



Acceptance or Resignation?

When I first came to AA I had many questions that confused me in the program. A big one for me was the idea of acceptance. To me, (a chronic overthinker), it sounded a lot like resignation, just giving in to the situation and enduring the pain it caused. I even found a definition that proved my point. It read... "Resignation = the *acceptance* of something undesirable but inevitable." Ah hah, I thought, there it is! They even use the word acceptance in the text! But looking deeper, I was able to find a slightly different definiton for the word acceptance. It was, "Acceptance = the action of consenting to receive or undertake something offered." So in the case of resignation, I was merely giving up hope, predicting the inevitable future and it's affect on me. But what was the receiving they spoke of when defining acceptance? The answer was found clearly stated in the Big Book. For one, I learned from my sponsor that "Life was to be enjoyed, not just endured." Resignation always felt bad to me, suffering in silence so to speak. But there was more in the Big Book to help me see the truth of our program. It read... *"And acceptance is the answer to all my problems today. When I am disturbed, it is because I find some person, place, thing or situation -- "some fact of my life -- unacceptable to me, and I can find no serenity until I accept that person, place, thing or situation as being exactly the way it is supposed to be at this moment."*
"Nothing, absolutely nothing happens in God's world by mistake. Until I could accept my alcoholism, I could not stay sober; unless I accept life completely on life's terms, I cannot be happy. I need to concentrate not so much on what needs to be changed in the world as on what needs to be changed in me and in my attitudes." Finally, I got it, and it has served me well ever since. **The gift of serenity is found in acceptance, not in mere resignation!**

- Anonymous local member